

Stefan G. Hofmann

Education

- MA, PhD, Psychology, Philipps-University Marburg, Germany

Professional positions

- Alexander von Humboldt Professor, LOEWE Spitzenprofessur for Translational Clinical Psychology, Philipps-University Marburg, Germany (Current)
- Professor of Psychology, Department of Psychology, Boston University (2008-2023)
- President, *Academy of Cognitive Therapy*

Honors and Awards

- Career/Lifetime Achievement Award, Association for Behavioral and Cognitive Therapies

Journals

- 2012-Present, Editor-in-chief, *Cognitive Therapy and Research*
- 2010-2016, Associate Editor, *Journal of Consulting and Clinical Psychology*

Books chapters

- Salazar, I. C., Hofmann, S. G., Caballo, V. E. (2023). Social anxiety: Linking cognitive-behavioral therapy and strategies of third-generation therapies In Colin R. Martin, Vinood B. Patel, and Victor R. Preedy (Eds.), *Handbook of Cognitive Behavioral Therapy by Disorder*. Burlington: Academic Press, pp 265-278.
- Moskow, D.M., Barthel, A.L., Hayes, S.C., Hofmann, S.G. (2022). *A Process-based approach to cognitive behavioral therapy*. In: Asmundson, G.J.G. (Ed.), *Comprehensive Clinical Psychology*, 2nd edition, vol. 6. Elsevier, pp. 16–33.

Books

- Caballo, V. E., Salazar, I. C., Garrido, L., Irurtia, M. J., & Hofmann, S. G. (2023). *Multidimensional Intervention for Social Anxiety (MISA) program: Therapist's guide*. Granada, Spain: VBCA Foundation. ISBN: 979-83-780-3274-7.
- Barlow, D. H., Hofmann, S. G. & Durand, V. M. (2022). *Psychopathology: An integrative approach to mental disorders* (9th edition). Cengage/Wadsworth. ISBN-13: 9780357657843
- Hofmann, S. G., Hayes, S. C., & Lorscheid, D. (2021). *Learning process-based therapy: A skills training manual for targeting the core processes of psychological change in clinical practice*. Oakland, CA: New Harbinger Press. ISBN: 1684037557.

Articles

- Xie, Q., Guan Y, Hofmann, S. G., Jiang, T., Liu, X. (in press). The potential mediating role of anxiety sensitivity in the impact of mindfulness training on anxiety and depression severity and impairment: A randomized controlled trial. *Scandinavian Journal of Psychology*. doi: 10.1111/sjop.12860
- Moskow, D. M., Ong, C. W., Hayes, S. C., & Hofmann, S. G. (2023) Process Based Therapy: A personalized approach to treatment. *Journal of Experimental Psychopathology*, 1-8. doi: 10.1177/20438087231152848
- Asher, M., Barthel, A. L., Hofmann, S. G., Okon-Singer, H., & Aderka, I. M. (in press). When two hearts beat as one: Heart-rate synchrony in social anxiety disorder. *Behaviour Research and Therapy*. doi: 10.1016/j.brat.2021.103859.
- Carpenter, J. K., Moskow, D. M., Hofmann, S. G. (2023). Enhanced mental reinstatement of exposure to improve extinction generalization: A study on claustrophobia and MRI fear. *Behavior Therapy*, 54, 156-169. doi: 10.1016/j.beth.2022.08.002.